



Soccer Secrets to Success: Things Great Players and Coaches Should Know

Laureano Ruiz

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Laureano Ruiz is the **guru of Spanish soccer**. He has mentored several top professionals, including Ivan de la Pena, Tente Sanchez and Hristo Stoichkov.

In this excellent book, he gives his insights into the game and offers his thoughts on **what makes a great player**. Includes sections on fitness, nutrition, how young players learn and motivation as well as several educational and entertaining anecdotes from this soccer `maestro`, with over 40 years of experience at every level.

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