



# Working Memory Activities

*Mr David John Newman*

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This **Working Memory Activities** book features a variety of highly engaging and inventive exercises that will help to improve your students' memory abilities.

To be efficient **learners**, children need to hold information in their memory just long enough to sort and manipulate it. Children with poor working memory skills may struggle to hold onto, and effectively '**work**', newly learnt information so that it ultimately fails to be retained.

In the **classroom**, this difficulty may present as students missing out on vitally important verbal information and struggling to sequence newly learnt material in a meaningful way.

The activities and instructions in the workbook have been designed so that students are encouraged to listen and attend to a specific sequence of instructions. Each sequence needs to be held in the students' memory systems long enough to **manipulate** the information so that they can successfully complete each individual exercise.

The workbook has **seven sections** for your students to practice their memory skills. Each section has a series of activities that are graded from **entry** to **intermediate** to **advanced**.

Importantly, each section has a record sheet to chart student progress as they work through the activities.

The **Working Memory Activities** book was formed from games and strategies that the author has developed over the last several years to engage children when working on their memory and thinking skills.

This 178 page resource will be of high interest to classroom teachers, speech-language pathologists and parents of children with language and literacy difficulties.

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