



Journey Untold My Mother's Struggle with Mental Illness: Twisted Love - Memoir as a child living in the USVI - Self Improvement

Yassin Hall, Lo'an Sewer

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Written from my perspective as a young child living in the United States Virgin Islands with my mother suffering from schizophrenia. Mental Illness is not openly discussed in the islands and within minority communities, it is taboo. No one wonders or asks the children/family members what's going through their minds. How do they cope? As an innocent child so oblivious and confused about my mother's condition, all I knew, my mother was not my mother every day. I am using my 100% unapologetic words to express what her secret unknown illness did to me and for me. This memoir offers a message to the voiceless who are also suffering with the family members suffering with mental illness. There is hope that you too can pick up the pieces. You can make LIFEMADE out of lemons!

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This trans-formative book grips readers from the beginning and takes you on an emotional ride through the eyes of a child of a mother suffering with schizophrenia as she matures into womanhood. Journey Untold will make you laugh, make you cry, and most importantly spark a conversation about how people can cope with life's challenges.

Mental illness is something that is still not talked about in the many communities, but especially in communities of color, like the one I grew up in, in the U.S. Virgin Islands. This memoir offers a look at mental illness from my perspective as the child of a mother suffering from the effects of schizophrenia.

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