



**Live Right 4 Your Type, 4 Blood Types, 4 Programs, Individualized prescription for Maximizing Health, Metabolism & Vitality in Every Stage of Your Life,**

*Dr. Peter with Catherine Whitney D'Adamo*

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# **Live Right 4 Your Type, 4 Blood Types, 4 Programs, Individualized prescription for Maximizing Health, Metabolism & Vitality in Every Stage of Your Life,**

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