



# **The Breast Cancer Survival Manual, Fifth Edition: A Step-by-Step Guide for Women with Newly Diagnosed Breast Cancer**

*John Link*

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**The updated edition of the essential resource for the 250,000 women diagnosed with breast cancer each year**

Breast cancer is the leading cause of death in women from thirty-five to fifty-four years of age, and few things are as terrifying and confusing as a diagnosis of this disease. The fifth edition of *The Breast Cancer Survival Manual* is a concise, information-packed guide that is newly revised to contain all of the latest findings to help the woman facing treatment feel informed and empowered. John Link, M.D., a pioneer developer of Breastlink Medical Group in Southern California includes the most current medical advice on

- Tamoxifen, Herceptin, and other chemotherapy options
- The growing importance of HER2 oncogene testing
- Clinical research trials under way that could broaden treatment options
- The role of preventive drugs and prophylactic mastectomy for those with high genetic risk
- Sentinel lymph node sampling, a method of local control soon to become standard

Of course, all of the basic information included in the previous editions—the nature and biology of breast cancer, choosing a treatment team, managing side effects, and optimizing medication—are here as well, making this the best book of its kind on the market.

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