



# **Beat Sugar Addiction Now!: The Cutting-Edge Program That Cures Your Type of Sugar Addiction and Puts You on the Road to Feeling Great - and Losing Weight!**

*Jacob Teitelbaum, Chrystle Fiedler*

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The No-Fail Plan to Beating Sugar Addiction!

With one-third of our calories coming from sugar and white flour added to processed foods, sugar addiction is a rapidly growing epidemic. However, unlike other addictions, going “cold turkey” won’t fix it. In this groundbreaking book, nationally recognized physician Dr. Jacob Teitelbaum uncovers four types of sugar addiction and gives a step-by-step plan for resolving their underlying causes, breaking sugar cravings forever, and achieving dramatically improved health and energy levels—while also making it easier to lose weight!

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