



Monogamy: The Untold Story (Sex, Love, and Psychology)

Marianne Brandon Ph.D

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This text provides a groundbreaking look at sexual instincts and offers a clinical psychologist's and sex therapist's insights and solutions to the challenges of monogamous relationships.

- Presents an unprecedented summary of current scientific research relating to monogamy
- Real-life vignettes document the most common intimate struggles for couples?and reveal how to repair them
- Provides an extensive list of exercises for men, women, and couples designed to strengthen their sensual connection
- Gives readers a practical, step-by-step approach for connecting with sexual instincts and perfecting one's skills as a lover
- Helpful index supplies easy access to key information

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