



Hungry Girl to the Max!: The Ultimate Guilt-Free Cookbook

Lisa Lillien

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Go to the max with the most massive and complete Hungry Girl cookbook ever---650 recipes from the guru of guilt-free eating!

Consider this your **HUNGRY GIRL BIBLE**. In *Hungry Girl to the Max!*, Lisa Lillien has created a book that is a must-have for anyone who craves insanely delicious food without the high-calorie price tag! HG classics like **large-and-in-charge egg mugs, oversized oatmeal bowls, crock-pot recipes, comfort foods, foil-pack dishes, and fast-food swaps** are all here. You'll also find **single-serving recipes, dishes with five ingredients or less, meatless meals**, and more. Including:

- *Chili Cheese Egg Mug (195 calories)
- *Cinna-Raisin Oatmeal (301 calories)
- *Over the Rainbow Pancakes (267 calories)
- *Onion Rings Parm (176 calories)
- *Garlic-Bread White Pizza (289 calories)
- *Southwestern Meatloaf (232 calories)
- *Cheesed-Up Taco Turkey Burgers (219 calories)
- *Veggie-Loaded Cashew Chicken (318 calories)
- *Goey-Good Fuji Apple Pie (159 calories)
- *Chocolate PB Pretzel Cupcakes (135 calories)

. . . and SO much more!

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Steven Whitney:

The guide with title Hungry Girl to the Max!: The Ultimate Guilt-Free Cookbook has a lot of information that you can learn it. You can get a lot of benefit after read this book. That book exist new understanding the information that exist in this publication represented the condition of the world right now. That is important to yo7u to be aware of how the improvement of the world. This book will bring you throughout new era of the globalization. You can read the e-book on your smart phone, so you can read it anywhere you want.

Travis Pope:

Playing with family in a park, coming to see the ocean world or hanging out with buddies is thing that usually you will have done when you have spare time, and then why you don't try factor that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Hungry Girl to the Max!: The Ultimate Guilt-Free Cookbook, you can enjoy both. It is very good combination right, you still wish to miss it? What kind of hangout type is it? Oh can occur its mind hangout guys. What? Still don't buy it, oh come on its referred to as reading friends.

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Julie Gibson:

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