



# Doing Research in Counselling and Psychotherapy

*Julia McLeod*

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## **Doing Research in Counselling and Psychotherapy** Julia McLeod

From leading researcher and bestselling author, John McLeod, this full revised and updated edition of Doing Counselling Research remains the most accessible, 'how to' guide to undertaking a successful research project. As an introduction to the basic principles of research theory and practice, this new edition includes:

- " New content on IPA, discourse analysis and narrative research
- " New chapters on doing case study research and outcome studies
- " A guide to doing research into the client's experience
- " New information on doing research into counselling skills, embedded counselling and counsellor training
- " Updated details on the requirements of ethics committees
- " A guide to publishing and disseminating your research findings
- " All you need to know about statistics

Supported by many case examples, therapeutic dialogue and points for reflection, this highly practical and accessible guide throws a lifebelt to any counselling trainee or practitioner learning about the research process for the first time.

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