



# Why Don't They Just Quit? What Families and Friends Need to Know About Addiction and Recovery

*Joe Herzanek*

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### Real-life solutions to help you now!

**Watching a loved one immersed in an intense battle with alcohol and drug abuse may be the most difficult, complex and harrowing experience you'll ever have.** This book offers a message of hope to families and friends, giving practical solutions so they can help anyone struggling with addiction to begin the road to recovery.

### You'll discover:

- Why a person doesn't have to hit rock-bottom before getting help. (page 111)
- When helping is actually hurting. (page 57)
- Why quitting is not the same as recovering. (page 5)
- How to deal with a relapse. (page 187)
- How to receive 50 percent or more off the cost of treatment. (page 97)
- Why a parent would leave their child due to their addiction. (page 245)
- Why effective intervention doesn't have to be a surprise attack. (page 49)

### Answers to over 30 common, and not so common questions.

Inspiring first-hand recovery stories from real people!

### Praise for Why Don't They Just Quit?

**This book was a God send!** I have struggled as a parent of an addict for years, and now I am finally able to see that it is not in my ability to heal him! This book was life changing, LIFE CHANGING! I can now begin to recover myself, even if my child doesn't! Thank you Joe, for writing this book! --Shelley K. (parent)

Joe's book helps us to understand the addiction and recovery process. He combines a lifetime of personal and professional experience dealing with this issue in a practical and highly personal overview. **The book is excellent. I wish I had read it a year ago.** --Sheriff Joe Pelle, Boulder County, Colorado

**As a Mother, I found this book to be full of empathy, tough-love and practical information.** I especially appreciate that Joe included the spiritual part of recovery, which other resources often avoid. Most importantly, the underlying message that I learned was that anyone can recover. --Vicki Beatty, Celebrate Recovery Leader/Covenant Chapel, Leawood, Kansas

**This book will be valued by many, many people.** A very meaningful gift of God's grace to families who need sanity in the middle of their runaway insanity. --Mike Richards Jr., Director of Recovery Ministries/International Bible Society, Houston, Texas

Your story has encouraged me and helped me to deal with my son's problems and has given me great peace as a parent. **I can put away the guilt and the shame, pick up my own pieces and move forward,** helping him to do the same. --Kathy Cowley, Parent, Longmont, Colorado

. . . stayed up late last night reading various parts of it; inspiring! This book is for people like me; someone with chemically addicted people in their life-- **a must read for the addicted and those who care about them.** --Donna Schwartz, MFT, CAC III Valley Hope Treatment Services in Colorado, former Family Program Therapist of Parker Valley Hope Treatment Center

Many of you reading this book are facing the battle of your life. Alcohol and drugs consumed my daughter's life. I can't put into words the anguish of attending my daughter's funeral. I wish I would have had this book long ago. Maybe Mia would still be here. I didn't know how to help her. **This book is full of answers I could have used.** --Pam M. (Mia's Mom), Niwot, Colorado

**This book is a must read** . . . I consider Why Don't They Just Quit? to be one of the top five recovery books for families. --Nicholas Taylor, Ph.D., Licensed Clinical Psychologist, National Expert on the Treatment of Methamphetamine Addiction

New! Revised/Updated Edition (contains valuable new insights, resource info and first-person accounts from parents who have struggled and won!)

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#### **Diane Dean:**

As people who live in typically the modest era should be update about what going on or info even knowledge to make all of them keep up with the era which can be always change and move forward. Some of you maybe can update themselves by examining books. It is a good choice for you personally but the problems coming to you is you don't know which one you should start with. This Why Don't They Just Quit? What Families and Friends Need to Know About Addiction and Recovery is our recommendation to help you keep up with the world. Why, as this book serves what you want and wish in this era.

#### **Vanesa Thomas:**

Hey guys, do you would like to finds a new book to read? May be the book with the headline Why Don't They Just Quit? What Families and Friends Need to Know About Addiction and Recovery suitable to you? Often the book was written by famous writer in this era. The actual book untitled Why Don't They Just Quit? What Families and Friends Need to Know About Addiction and Recovery is the main of several books this everyone read now. This kind of book was inspired lots of people in the world. When you read this publication you will enter the new dimension that you ever know ahead of. The author explained their strategy in the simple way, so all of people can easily to comprehend the core of this reserve. This book will give you a lot of information about this world now. In order to see the represented of the world on this book.

#### **Cory Kyle:**

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#### **Bobby Hanke:**

This Why Don't They Just Quit? What Families and Friends Need to Know About Addiction and Recovery is great guide for you because the content and that is full of information for you who have always deal with world and also have to make decision every minute. This specific book reveal it info accurately using great arrange word or we can state no rambling sentences included. So if you are read it hurriedly you can have whole facts in it. Doesn't mean it only provides you with straight forward sentences but hard core information with lovely delivering sentences. Having Why Don't They Just Quit? What Families and Friends Need to Know About Addiction and Recovery in your hand like obtaining the world in your arm, facts in it is not ridiculous one particular. We can say that no publication that offer you world throughout ten or fifteen

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