

Sylvia's Table: Fresh, Seasonal Recipes from Our Farm to Your Family

Liz Neumark, Carole Lalli



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Every year children flock to the Sylvia Center at Katchkie Farm in upstate New York to learn firsthand about where fresh food comes from—how to grow it, how to harvest it, and how to use it to prepare great-tasting meals. Now *Sylvia's Table* brings these lessons and recipes straight from the farm to your kitchen in a deliciously unique cookbook for families. From Homemade Apple Roll-Ups to Butternut Squash Bread Pudding and from Spinach and Strawberry Salad to Grilled Tamarind Turkey Burgers and Baked Sweet Potato Fries, here are almost two hundred recipes that you and your family will enjoy.

Featuring recipes from "the friends of Katchkie Farm"—chefs like Michael Romano of Union Square Cafe and Jonathan Waxman of Barbuto; culinary experts including *Food & Wine*'s Dana Cowin; cookbook authors Giuliano Bugialli, Rozanne Gold, Deborah Madison, and, Sara Moulton; and many others—this is a family cookbook guaranteed to be loved by cooks (and kids) of all ages.

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