



Trick or Treatment: The Undeniable Facts about Alternative Medicine -By Edzard Ernst

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The truth about the potions, lotions, pills and needles, pummelling and energizing that lie beyond the realms of conventional medicine. Whether you are an ardent believer in alternative medicine, a skeptic, or are simply baffled by the range of services and opinions, this guide lays to rest doubts and contradictions with authority, integrity, and clarity. In this groundbreaking analysis, over thirty of the most popular treatments- acupuncture, homeopathy, aromatherapy, reflexology, chiropractic, and herbal medicines-are examined for their benefits and potential dangers. Questions answered include: What works and what doesn't? What are the secrets, and what are the lies? Who can you trust, and who is ripping you off? Can science decide what is best, or do the old wives' tales really tap into ancient, superior wisdom? In their scrutiny of alternative and complementary cures, authors Simon Singh and Edzard Ernst also strive to reassert the primacy of the scientific method as a means for determining public health practice and policy.

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