



Tarot Awareness: Exploring the Spiritual Path

Stephen Sterling

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Have you ever looked at the mysterious symbols on the Tarot cards and wondered what they meant? Or perhaps you have read the Tarot for others for many years but still don't understand how to use them for meditation and spiritual development. Or perhaps you use the intense imagery of the Tarot for meditation, but don't think it is "appropriate" to use this mystical tool for readings.

Well, now you can learn the meaning of the symbols for spiritual development and for giving great readings in Stephen Walter Sterling's *Tarot Awareness*.

The Tarot is composed of two major sections, the illustrated cards that form the Major Arcana and the cards of the Minor Arcana which are like a deck of playing cards with an extra court card for each suit. Each card has a meaning for a reading. The meanings of the cards are given in the text.

The Major Arcana cards also are about the spiritual development of your consciousness. As you go through the cards, from zero to twenty-one, you follow the progression of yours spirituality. The fifty-six cards of the Minor Arcana are associated with your development from the spiritual to the physical. In fact, they deal with the four levels of progression to manifestation, the spiritual, emotional, mental, and physical.

Put this all together, and for the first time you have a book which integrates spiritual and practical, meditative, and divinatory.

One of the great things about the Tarot is that it's symbolic. Since the unconscious works through symbols, it speaks to you. Just working with the Tarot helps you to evolve, especially when you understand the Tarot's spiritual truths. In order to work with the cards the book shares five different readings you can do. As an added bonus, the book also deals with the difficult subject of "proximity," relating the cards in a spread to each other as opposed to just their positions in the spread. This can enhance your readings on your quest for spirituality.

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