



# 90 Days, One Day at a Time: A New Beginning for People in Recovery

*John Behnke*

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## **90 Days, One Day at a Time: A New Beginning for People in Recovery** John Behnke

A recovering priest reaches out Based on the author's own recovery and on his extensive experience as a church minister, this is a 90-day series of spiritual reflections on topics from AA's 12 Steps and 12 Traditions. This is an inspirational way to stay focused on recovery, as well as a clear, simple way to better communicate with one's Higher Power. The author writes with honesty and compassion, transforming his personal recovery to provide universal help. These short, easy-to-read reflections - - each end with an unfinished prayer for readers to complete and make their own - address the spiritual longings of people in recovery - present every new day as an opportunity to bask in God's goodness - can be used as a jumping-off point for further prayer or for quiet conversation with one's Higher Power

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Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you may have done when you have spare time, subsequently why you don't try factor that really opposite from that. One particular activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love 90 Days, One Day at a Time: A New Beginning for People in Recovery, you can enjoy both. It is good combination right, you still desire to miss it? What kind of hangout type is it? Oh occur its mind hangout men. What? Still don't understand it, oh come on its known as reading friends.

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