



The Belarusian Cookbook (Hippocrene's Cookbook Library)

Alexander Bely

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This cookbook is a fascinating exploration of Belarusian history and food, as well as of the prominent Jewish influence on the cuisine. Alexander Bely, a historian and native of Belarus, carefully reconstructs traditional recipes, both of the peasants and aristocracy, with the aim of pleasing palates as well as restoring national culinary traditions, which have been largely eclipsed during the tumultous last century.

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