



From Chocolate to Morphine: Everything You Need to Know About Mind-Altering Drugs

Winifred Rosen, Andrew T. Weil M.D.

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From Chocolate to Morphine is the definitive guide to drugs and drug use from one of America's most respected and best-known doctors. This enormously popular book — the best and most authoritative resource for unbiased information about how drugs affect the mind and the body — covers a wide range of available substances, from coffee to marijuana, antihistamines to psychedelics, steroids to smart drugs, and discusses likely effects, precautions, and alternatives. Now expanded and updated to cover such drugs as oxycontin, Ecstasy, Prozac, and ephedra and to address numerous ongoing issues, including the United States' war on drugs, marijuana for therapeutic use, the overuse of drugs for children diagnosed with ADHD, and more, From Chocolate to Morphine is an invaluable resource.

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