



Making Peace with Your Office Life: End the Battles, Shake the Blues, Get Organized, and Be Happier at Work

Cindy Glovinsky

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Do you feel disconnected and disorganized on the job?

Do you feel powerless in the face of multiple office challenges, from organizing your desk to dealing with office bullies?

Are you sick of it all and ready to be happy at work?

Help is on the way! Cindy Glovinsky, licensed psychotherapist and expert on organizing and mental health, is uniquely qualified to offer solutions to your office blues, including:

- Dozens of anecdotes and insightful exercises
- Simple, effective organizing tips
- Hundreds of easy ways to connect with colleagues
- Great ways to make positive changes in the workplace

Whether you dread coming to work every day or you're just looking for a new way to deal with office issues, **MAKING PEACE WITH YOUR OFFICE LIFE** offers a fresh, liberating view of the office world and practical ways to cope with its day-to-day challenges.

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From reader reviews:

Guy Gregory:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them family members or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity that is look different you can read the book. It is really fun for you personally. If you enjoy the book that you just read you can spent the entire day to reading a reserve. The book Making Peace with Your Office Life: End the Battles, Shake the Blues, Get Organized, and Be Happier at Work it is rather good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to create this book you can buy the actual e-book. You can m0ore quickly to read this book from your smart phone. The price is not too costly but this book offers high quality.

Vivian Nava:

Making Peace with Your Office Life: End the Battles, Shake the Blues, Get Organized, and Be Happier at Work can be one of your starter books that are good idea. We recommend that straight away because this book has good vocabulary that can increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The article writer giving his/her effort to set every word into enjoyment arrangement in writing Making Peace with Your Office Life: End the Battles, Shake the Blues, Get Organized, and Be Happier at Work however doesn't forget the main level, giving the reader the hottest along with based confirm resource facts that maybe you can be considered one of it. This great information may drawn you into new stage of crucial imagining.

Danna Bullock:

Is it you who having spare time and then spend it whole day through watching television programs or just resting on the bed? Do you need something totally new? This Making Peace with Your Office Life: End the Battles, Shake the Blues, Get Organized, and Be Happier at Work can be the respond to, oh how comes? It's a book you know. You are consequently out of date, spending your time by reading in this brand-new era is common not a geek activity. So what these textbooks have than the others?

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