



# **Dr. Geo's Natural and Traditional Cures for Prostatitis: The Complete Patient and Clinician's Guide to Prostatitis Treatment. Curing Your Pelvic, Urinary and Sexual Pain.**

*Dr. Geo Espinosa N.D. L.Ac CNS RH AHG*

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Dr. Geo's Natural and Traditional Cures for Prostatitis is the most complete and up to date guide for patients and clinicians looking for treatment options for bacterial and non-bacterial (chronic pelvic pain syndrome (CPPS)) and male sexual pain. The series comprises 3 volumes - all available in one download for the one price.

Volume 1 - "Dr. Geo's Natural and Traditional Cures for Prostatitis" - covers traditional and naturopathic treatment options for all 4 categories of prostatitis. After describing the nature and diagnostic process, Dr. Geo provides a deep analysis of the traditional and alternative treatment options that have proven to be successful in his practice as well as in the clinical trials. Volume 1 contains a full description of bacterial prostatitis treatments as well as over 31 descriptions and analysis of the alternative and traditional treatments for non-bacterial prostatitis/CPPS/chronic pelvic pain/sexual pain including the Wise-Anderson Protocol, pelvic floor rehabilitation, the Renew XY Health Program, UPOINT, NPAT, acupuncture, phytotherapy, high frequency stimulation, trigger point release and many more as well as surgical and other medical treatments for prostatitis. Volume 1 also covers diet and nutrition as well as foods to avoid and diets that can help and hurt your symptoms. What is causing your sexual pain? Why does it feel like you have a "golf ball" under you all the time when you are sitting? Why does it hurt to have sex? These are the questions that are answered by Dr. Geo in this Volume 1 as well as treatment and other options to help get rid of your pain.

Dr. Geo's Guide to Traditional and Alternative Prostatitis Treatments also discusses which surgeries cause erectile dysfunction, retrograde ejaculation and/or incontinence as well as a detailed description of surgery and other invasive medical procedure options for men with prostatitis.

Volume 2 - "Drugs and Medications for Prostatitis" - provides a full review of the main drugs and medications prescribed for bacterial prostatitis, non-bacterial prostatitis, urinary symptoms and prostate enlargement as well as related symptoms such as depression, sexual pain and other disorders. You will receive detailed information on the 29 most commonly prescribed drugs and medications for prostatitis so you know what you are taking and the benefits, risks and side effects. These 29 drugs and medications are specifically reviewed for their use in the treatment of prostatitis and male sexual pain.

Volume 3 - "Natural Supplements for Prostatitis" - provides detailed reviews of all the clinical trials and studies on the top prostatitis supplements so you know what natural supplements to use and what supplements to avoid. Dr. Geo reviews 15 of the major Tier 1, 2 and 3 supplement ingredients to determine what has the most clinical support and success based on the trials, studies and research.

Dr. Geo is a renowned naturopathic doctor recognized as an international authority in integrative management of male prostate and urological conditions. He is the founder and director of the Integrative Urology Center at New York University Langone Medical Center (NYULMC), a center of excellence in research and integrative treatments for prostate, sexual health and urological conditions.

Dr. Geo has published in peer-reviewed scientific journals and textbooks related to prostate disease, prostate cancer and integrative urology. He is a featured contributing author in the medical textbooks; *Advancing Medicine with Food and Nutrients* -2nd Ed. (Kohlstadt I, CRC Press, Boca Raton, FL, 2012) and *Textbook of Natural Medicine* -4th Ed. (Piz J & Murray M, Elsevier Science Health, New York, NY, 2013).

Dr. Geo lectures internationally on the application of integrative medicine for urological and prostate conditions. He has been recognized as one of the top 10 Health Makers for Men's Health by Sharecom.com, the health website created by Dr. Mehmet Oz.

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