



Madness: A Bipolar Life

Marya Hornbacher

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An astonishing dispatch from inside the belly of bipolar disorder, reflecting major new insights

When Marya Hornbacher published her first book, *Wasted: A Memoir of Anorexia and Bulimia*, she did not yet have the piece of shattering knowledge that would finally make sense of the chaos of her life. At age twenty-four, Hornbacher was diagnosed with Type I rapid-cycle bipolar, the most severe form of bipolar disorder.

In *Madness*, in her trademark wry and utterly self-revealing voice, Hornbacher tells her new story. Through scenes of astonishing visceral and emotional power, she takes us inside her own desperate attempts to counteract violently careening mood swings by self-starvation, substance abuse, numbing sex, and self-mutilation. How Hornbacher fights her way up from a madness that all but destroys her, and what it is like to live in a difficult and sometimes beautiful life and marriage -- where bipolar always beckons -- is at the center of this brave and heart-stopping memoir.

Madness delivers the revelation that Hornbacher is not alone: millions of people in America today are struggling with a variety of disorders that may disguise their bipolar disease. And Hornbacher's fiercely self-aware portrait of her own bipolar as early as age four will powerfully change, too, the current debate on whether bipolar in children actually exists.

Ten years after Kay Redfield Jamison's *An Unquiet Mind*, this storm of a memoir will revolutionize our understanding of bipolar disorder.

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Susan Belcher:

The reason why? Because this Madness: A Bipolar Life is an unordinary book that the inside of the guide waiting for you to snap that but latter it will surprise you with the secret that inside. Reading this book close to it was fantastic author who write the book in such wonderful way makes the content on the inside easier to understand, entertaining method but still convey the meaning totally. So , it is good for you for not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of rewards than the other book include such as help improving your proficiency and your critical thinking technique. So , still want to postpone having that book? If I were being you I will go to the e-book store hurriedly.

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