



It's All Easy: Delicious Weekday Recipes for the Super-Busy Home Cook

Gwyneth Paltrow

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For fans of *It's All Good*-or just delicious food-here is the cookbook that will help anyone make delectable, healthy meals in no time!

Gwyneth Paltrow is back to share more than 125 of her favorite recipes that can be made in the time it would take to order takeout (which often contains high quantities of fat, sugar, and processed ingredients). All the dishes are surprisingly tasty, with little or no sugar, fat, or gluten. From easy breakfasts to lazy suppers, this book has something for everybody. Yummy recipes include Chocolate Cinnamon Overnight Oats, Soft Polenta with Cherry Tomatoes, Chicken Enchiladas, Pita Bread Pizzas, Quick Sesame Noodles, and more! Plus, an innovative chapter for "on-the-go" meals (Moroccan Chicken Salad Wrap, Chopped Salad with Grilled Shrimp, and others) that you can take for lunch to work or school, to a picnic, or to eat while watching soccer practice!

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Martin Solomon:

Why? Because this It's All Easy: Delicious Weekday Recipes for the Super-Busy Home Cook is an unordinary book that the inside of the book waiting for you to snap it but latter it will jolt you with the secret it inside. Reading this book alongside it was fantastic author who write the book in such incredible way makes the content inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of rewards than the other book have such as help improving your talent and your critical thinking approach. So , still want to postpone having that book? If I have been you I will go to the guide store hurriedly.

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