



Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved (Series in Death, Dying, and Bereavement)

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Techniques of Grief Therapy is an indispensable guidebook to the most inventive and inspirational interventions in grief and bereavement counseling and therapy. Individually, each technique emphasizes creativity and practicality. As a whole, they capture the richness of practices in the field and the innovative approaches that clinicians in diverse settings have developed, in some cases over decades, to effectively address the needs of the bereaved. New professionals and seasoned clinicians will find dozens of ideas that are ready to implement and are packed with useful features, including:

- Careful discussion of the therapeutic relationship that provides a "container" for specific procedures
- An intuitive, thematic organization that makes it easy to find the right technique for a particular situation
- Detailed explanations of when to use (and when not to use) particular techniques
- Expert guidance on implementing each technique and tips on avoiding common pitfalls
- Sample worksheets and activities for use in session and as homework assignments
- Illustrative case studies and transcripts
- Recommended readings to learn more about theory, research and practice associated with each technique

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