



A Clinical Guide for Contraception (Clinical Guide for Contraception (Speroff))

Leon Speroff MD, Philip D. Darney MD MSc

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The thoroughly updated Fifth Edition of this practical handbook is a current, reliable, and readable guide to the intelligent use of today's contraceptive options. The authors provide the essential information that clinicians and patients need to choose the best contraceptive method for the patient's age and medical, social, and personal characteristics.

The book concisely covers all available drugs and devices. Each contraceptive method is covered in a single chapter that includes history of the contraceptive, method of action, pharmacology (when applicable), contraindications, and use. This edition includes new and updated information on new oral contraceptive pills, transdermal and vaginal delivery, post-pregnancy contraception, use of Essure for sterilization, and uses of contraceptives for non-contraceptive indications.

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